

# Kent Community Health Foundation Trust First Choice Dressing List



If you require further advice please contact the Tissue Viability team:







**[kcht.tissueviability@nhs.net](mailto:kcht.tissueviability@nhs.net) or 01795 562190.**



# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

ALGINATES / GELLING FIBRES			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate Level
	KerraCel	Gelling fibre, designed to absorb exudate.		✓		✓		
	UrgoSorb	Calcium alginate dressing. Indicated for bleeding wounds.		✓		✓		
CLEANSING SOLUTIONS								
	Octenilin Wound Irrigation Solution	Antimicrobial cleansing solution suitable for removal of devitalised tissue and biofilm.	✓	✓	✓	✓	✓	
	Stericlens	Sterile sodium chloride 0.9% for wound irrigation.	✓	✓	✓	✓	✓	

Exudate level:  = Low       = Medium       = High




# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.







Kent Community Health  
NHS Foundation Trust

CONTACT LAYERS			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate Level
	Atrauman	Primary wound contact layer. Petrolatum free.	✓	✓	✓	✓	✓	
	Mepitel One	Soft silicone wound contact layer with silicone on one side of a highly transparent and flexible polyurethane mesh.	✓	✓	✓	✓	✓	
FILM								
	ClearFilm	Transparent vapour – permeable film dressing, latex free.	✓	✓	✓	✓	✓	

Exudate level:  = Low       = Medium       = High

# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions. Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate Level
<b>FOAMS</b> <u>*Refer to KCHFT Foam Decision Tool</u>								
	Tegaderm Foam Adhesive	Polyurethane foam dressing with semi permeable film backing layer and adhesive border.	✓	✓	✓	✓	✓	*
	Biatain Silicone	Polyurethane foam with vapour-permeable film backing and gentle silicone adhesive border. Conforms to wound bed.	✓	✓	✓	✓	✓	*
	Mepilex Border Comfort	Bordered silicone foam with Flex Technology for conformability.	✓	✓	✓	✓	✓	*
<b>HYDROCOLLOID - THIN</b>								
	DuoDERM Extra Thin	Thin adhesive hydrocolloid dressing.	✓	✓		✓	✓	💧

Exudate level: 💧 = Low      💧💧 = Medium      💧💧💧 = High




# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.



Kent Community Health  
NHS Foundation Trust








ABSORBENT			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate Level
	Zetuvit E - Non Sterile	Highly absorbent cellulose pad with fluid repellent backing.	✓	✓	✓	✓	✓	3 drops
SUPERABSORBENTS								
	Zetuvit Plus	Highly absorbent cellulose pad with fluid retaining particles. Suitable for use under compression. Leg must then be re-shaped.	✓	✓	✓	✓	✓	2 drops
	KerraMax Care	Superabsorbent core to lock in exudate, with horizontal wicking layer. Suitable for use under compression.	✓	✓	✓	✓	✓	3 drops

Exudate level:  = Low       = Medium       = High

# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

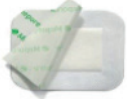

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

<b>ANTIMICROBIALS</b>			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate Level
<u>Reassess and review at 2 weekly intervals</u>								
	Iodoflex	Cadexomer Iodine mouldable paste.	✓	✓	✓			1 drop
	Inadine	Non-adherent impregnated with 10% povidone-iodine.	✓	✓	✓			
	Medihoney Antibacterial Honey Apinate Dressing	Antibacterial honey containing calcium alginate.	✓	✓	✓			
	Medihoney Antibacterial Medical Honey	Antimicrobial medical grade 100% honey.	✓	✓	✓			
	Aquacel AG+ Extra	Silver antimicrobial dressing.	✓	✓	✓			2 drops
	Zorflex	Activated carbon cloth. Contact layer with effective antimicrobial action. Does NOT contain silver.	✓	✓	✓	✓		3 drops
	Cutimed Sorbact Ribbon / Swab	Sorbact - technology coated hydrophobic antimicrobial wound contact layer.	✓	✓	✓	✓	✓	3 drops

Exudate level: 1 drop = Low      2 drops = Medium      3 drops = High

# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.  
Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

LOW / NON ADHERENT			Necrotic	Slough	Infection	Granulation	Epithelialising	Exudate Level
	Mepore	Self-adhesive absorbent dressing.	✓	✓	✓	✓	✓	2/3 drops
	365 Film Transparent Island Dressing	Transparent, self-adhesive absorbent film and pad.	✓	✓	✓	✓	✓	1 drop

Exudate level:  = Low       = Medium       = High



# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

## MEDICATED BANDAGES



Viscopaste PB7

Zinc paste bandage, can be used for chronic eczema/dermatitis.



Icthopaste

Zinc paste and ichthammol bandage can be used for chronic eczema/dermatitis.

## RETENTION BANDAGE NOT TO BE USED ON LOWER LIMBS



Knit-Band

Lightweight knitted retention bandage.

## BANDAGES



K-Soft

An absorbent, non woven, sub bandage wadding, latex free.



K-Lite





Lightweight knitted bandage, providing light support.

# KCHFT First Choice Dressing List



This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

## COMPRESSION BANDAGES

	Actico	Cohesive, inelastic (short-stretch) bandage. Treatment and management of venous leg ulcers, lymphoedema and chronic oedema. Suitable for mobile and immobile patients with an ABPI of 0.8-1.3.
	K-Plus	White knitted fabric type 3a compression bandage consisting of viscose, nylon and elastomeric yarn an extensible bandage donating up to 20 mmHg of sub bandage pressure at the ankle. Not recommended for patients with arterial disease (ABPI <0.8).
	UrgoKTwo	Two-layer compression bandage system that combines elastic and inelastic components. Provides sustained graduated compression for up to 7 days. Suitable for mobile and immobile patients with an ABPI of 0.8-1.3.
	UrgoKTwo Reduced, for mixed aetiology	Two-layer compression bandage system that combines elastic and inelastic components. Provides sustained graduated compression for up to 7 days Suitable for mobile and immobile patients.

## ADHESIVE TAPE

	Clinipore	Permeable non-woven synthetic adhesive tape.
	Hypafix	Permeable, apertured, non-woven, synthetic adhesive tape.

# KCHFT First Choice Dressing List

This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

## TUBULAR BANDAGE



Clinifast

Elasticated viscose stockinette.

## EMOLLIENTS AND SOAP SUBSTITUTES

Please be mindful of fire risk of these products containing paraffin



QV Gentle Wash

Soap-free wash containing glycerol 15%, pH balanced.



QV Cream

Contains glycerol 10%, light paraffin 10% and white soft paraffin 5% (E45 equivalent).



Zeroderm  
Ointment

An emollient containing liquid paraffin and white soft paraffin, (Epaderm equivalent).



Zerobase

Zerobase cream contains liquid paraffin. (Diprobaze equivalent).



Zerodouble Gel

SLS-free gel containing 30% emollient and 10% glycerol (humectant) (Doublebase equivalent).



Zeroveen

Fragrance free emollient cream with natural oatmeal (Aveeno equivalent).



Fifty:50

Emollient containing 50% white soft paraffin and 50% white liquid paraffin.

# KCHFT First Choice Dressing List





This guidance does not replace clinical judgement and full holistic assessment is essential. Use products as per manufacturers instructions.

Please note, not all sizes are approved for use. Please refer to the First Choice Dressing List (FCDL) or ONPOS list for details.

## BARRIER CREAMS / SKIN PROTECTORS

Must be used in line with the following recommendations:

- KCHFT Moisture Associated Skin Damage (MASD) Pathway A
- KCHFT Incontinence Associated Dermatitis (IAD) Pathway B

	Cavilon No Sting Barrier Film	Protective transparent barrier film for peri-wound skin, alcohol free, (see pathways A and B).
	Cavilon Durable Barrier Cream	Highly concentrated barrier cream to protect against bodily fluids, (see pathway B).
	Proshield Plus Skin Protectant	To be used on severe skin breakdown (see pathway B).
	Proshield Foam and Spray Cleanser	To be used on severe skin breakdown (see pathway B). Only use if there is persistent diarrhoea.

If you require further advice please contact the Tissue Viability team:

[kcht.tissueviability@nhs.net](mailto:kcht.tissueviability@nhs.net) 01795 562190