

Ophthalmology Guidance for Eye Drops Prescriptions

This recommendation has been provided to ensure sufficient drops are provided to patients following a consultation or procedure which results in a supply of eye drops.

Please note:

- The recommended amounts are based on correct use and administration of eye drops.
- Prior to leaving a clinic, please ensure the patient is aware of how to correctly administer eye drops.
- If a further supply is required within 28 days, advise the patient to contact the clinic, not their GP and ensure they have the required contact details.

Ophthalmology Guidance for Eye Drops Prescriptions

3ml bottle = 60 drops per bottle	1 eye				Both eyes			
Dose	1 week	2 weeks	3 weeks	4 weeks	1 week	2 weeks	3 weeks	4 weeks
OD	1	1	1	1	1	1	1	1
BD	1	1	1	1	1	1	2	2
TDS	1	1	1	2	1	2	3	3
QDS	1	1	2	2	1	2	3	4
5X/day	1	2	2	3	2	3	4	5
6x/day	1	2	3	3	2	3	5	6
Every 3 hours (day)	1	2	2	3	2	3	4	4
Every 2 hours (day)	1	2	3	4	2	4	6	8
Every 2 hours (day and night)	2	3	4	6	3	6	9	12
5ml bottle = 100 drops per bottle	1 eye				Both eyes			
Dose	1 week	2 weeks	3 weeks	4 weeks	1 week	2 weeks	3 weeks	4 weeks
OD	1	1	1	1	1	1	1	1
BD	1	1	1	1	1	1	1	2
TDS	1	1	1	1	1	1	2	2
QDS	1	1	1	2	1	2	2	3
5X/day	1	1	2	2	1	2	3	3
6x/day	1	1	2	2	1	2	3	4
Every 3 hours (day)	1	1	2	2	1	2	3	3
Every 2 hours (day)	1	2	2	3	2	3	4	5
Every 2 hours (day and night)	1	2	3	4	2	4	6	7
10ml bottle = 200 drops per bottle	1 eye				Both eyes			
Dose	1 week	2 weeks	3 weeks	4 weeks	1 week	2 weeks	3 weeks	4 weeks
OD	1	1	1	1	1	1	1	1
BD	1	1	1	1	1	1	1	1
TDS	1	1	1	1	1	1	1	1
QDS	1	1	1	1	1	1	1	2
5X/day	1	1	1	1	1	1	2	2
6x/day	1	1	1	1	1	1	2	2
Every 3 hours (day)	1	1	1	1	1	1	2	2
Every 2 hours (day)	1	1	1	2	1	2	2	3
Every 2 hours (day and night)	1	1	2	2	1	2	3	4

Number of eye drop bottles to be dispensed:

1 bottle	2 bottles
Caution. Abnormal directions. Double check dose	

Guidance notes:

- The guides above are based on correct use and administration of eye drops.
- Prior to leaving the clinic, ensure the patient is aware of how to correctly administer eye drops.
- If a further supply is required within 28 days, advise the patient to contact the clinic, not their GP.