

PREDNISOLONE TABLETS PATIENT LEAFLET
ADVICE ON CRUSHING TABLETS

PREDNISOLONE 5MG PLAIN TABLETS

The East Kent Prescribing Group recommend that our clinicians prescribe plain prednisolone tablets instead of soluble tablets, as they are a more cost effective solution and the plain tablets will dissolve. Guidelines are:

Depending on the age of the child or adult, the following options are available for administration:

- Dissolve the tablet(s) in a small amount of water or squash.
- Crush the tablet(s) and mix with a small amount of soft food, such as yoghurt or jam.
- If able to swallow tablets, swallow whole with a drink.

If you have any queries or concerns about this change, please speak to a member of staff or contact the Head of Medicines Management.

Prednisolone BNF 1.5, 6.3, 11.4

Issued on behalf of: East Kent Prescribing Group (Representing Ashford CCG, Canterbury and Coastal CCG, South Kent Coast CCG and Thanet CCG)

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